

Chutney & Dressing

PEEBLES

7 The Sunflower Restaurant

4 Bridgegate, Peebles EH45 8RZ

The Sunflower is dedicated to providing food of the highest quality, whenever possible using only the very finest local ingredients. "Our philosophy is to create dishes which are bursting with flavour and colour." The Sunflower produces their own cookery books and a range of delicious Chutneys and Salad Dressing.

Tel: 01721 722420
www.thesunflower.net

Beer

BROUGHTON

8 Broughton Ales

Mainstreet, Broughton ML12 6HQ

Founded in 1979, Broughton Ales brew award-winning ales. Using locally sourced water and only the finest malts and hops, each beer demonstrates the highest quality, character and tradition.

Tel: 01899 830345

www.broughtonales.co.uk

JEDBURGH

9 Born in the Borders Brewery

Lanton Mill, Jedburgh TD8 6ST

Scotland's only plough-to-pint brewery, selling hand-crafted ales brewed using their own barley grown in the fields around the brewery.

Tel: 01835 830387
www.bornintheborders.com

INNERLEITHEN

10 Traquair House Brewery

Traquair House, Innerleithen EH44 6PW

Traquair House Brewery is recognised as a pioneer of micro-brewing and its rich dark 'real ales' are now exported all over the world, although annual production remains small, using the original brewhouse dating back to the 1700's.

Tel: 01896 830323
www.traquair.co.uk

Wines

PEEBLES

11 Villeneuve Wines

1 Venlaw Court, Peebles EH45 8AE

Villeneuve Wines opened in Peebles in 1982 and prides itself on supplying the best value and finest quality wines. It currently lists over 2000 wines from all around the world and over 150 malt whiskies.

Tel: 01721 722500
www.villeneuvevines.com

Apple Juice

INNERLEITHEN

12 Cuddybridge Apple Juice

Leithen Road, Innerleithen EH44 6HY

Cuddybridge is a small, artisan producer based at Kailzie Gardens. All the juices are squashed by hand as close as possible to the delivery date, so they are received and enjoyed in the freshest way possible, with nothing added.

Tel: 07522 424596
www.cuddybridgeapplejuice.com

Meat

PEEBLES

13 Forsyth's

21 - 25 Eastgate, Peebles EH45 8AD

A family butchers sourcing all beef exclusively from quality herds in the Scottish Borders. Lamb comes from farms in the surrounding area of Peebles. Specialities include home cured bacon, haggis, white and black puddings and pies. Gluten free pork sausages and other products are available on request.

Tel: 01721 720833
www.forsythsbiz

BIGGAR

14 Simple Simon's Pies

Coulter Park Farm, Biggar ML12 6HN

Bernard Alessi prepares and bakes his extraordinarily tasty, artificial additive-free hand-crafted Simple Simon Pies on his farm premises in the Southern Uplands. Only the finest, freshest, natural ingredients are used.

Tel: 01899 220118
www.simplesimonspies.co.uk

Game

PEEBLES

15 Tweed Valley Venison

Purveyors of Sika and Roe Deer; joints, fillet steaks, sausages, mince and other cuts from prime, succulent venison - locally stalked in season on the Hearsthanes Estate at Tweedsmuir.

Tel: 01721 740260 / 07836 606316
www.tweedvalleyvenison.co.uk

Cheese

STICHILL

16 Stichill Jerseys

Garden Cottage Farm, Stichill TD5 7TJ

Stichill produces farmhouse cheeses, cream, yoghurt and butter made from the rich milk from their own small herd of Jersey cows. Delicious dips, panna cotta, soft cheese and lemon curd, meringues and cheesecakes are also available.

Tel: 01573 470263

Smoked Salmon

17 The Ettrick Valley Smokehouse

Helmburn, Ettrick Bridge TD7 5JJ

On the banks of the Ettrick River is a smokehouse where the finest salmon and sea trout are traditionally smoked in small purpose built kilns. Within hours of being landed, using three generations of handed down 'know how', Mike Roberts cures the fish with herbs, sugars and salts - and gently smokes it until it reaches perfection.

Tel: 01750 52223 / 07580 069618
www.evsh.co.uk

Ice cream

GALASHIELS

18 Overlangshaw Farmhouse Ice Cream

Overlangshaw Farm, Galashiels TD1 2PE

Overlangshaw makes luxury 'Cool As...' ice cream using their own creamy milk and fresh farm eggs, creating a variety of lovely flavours. They also make fresh fruit sorbets, sourcing seasonal fruit as locally as possible.

Tel: 01896 860244
www.overlangshawfarm.co.uk

Bread

PEEBLES

19 Forsyth's

21 - 25 Eastgate, Peebles EH45 8AD

A family bakery offering a great selection of breads, traditional shortbread, gingerbread, Selkirk bannocks - all freshly baked and ready to enjoy.

Tel: 01721 720833
www.forsythsbiz

LAMANCHA

20 Breadshare Community Bakery

Whitmuir, Lamancha, West Linton EH46 7BB

Breadshare is a non-profit-distributing company, making nutritious, low-salt content bread using organic ingredients. The bread is simply made with stone-ground wholemeal flour, a proportion of which is locally grown and milled in Scotland. Only natural things are added, like seeds, nuts, cheese, dried fruits and olives.

Tel: 07895 039019
www.breadshare.co.uk

Cakes, Biscuits & Confectionery

PEEBLES

21 Cocoa Black

1 - 3 Cuddy Bridge, Peebles EH45 8HX

Cocoa Black is a multi award-winning chocolatier and patisserie, founded by UK World Chocolate Master Ruth Hinks. Luxury handmade chocolates, cakes and patisserie are available in their shop or online. The Cocoa Black Chocolate & Pastry School is a magnet for chefs and passionate foodies who want to learn chocolate and pastry skills.

Tel: 01721 723764
www.cocoablack.com

CARDRONA

22 The Liberty Bakery

Cardrona EH45 9LU

The Liberty Bakery prides itself on the quality and freshness of its ingredients, using only free-range eggs and Scottish butter and milk - with local fruits and flavourings in their seasonal specials. All cakes are decorated with homemade buttercream and fondant, specially sourced to be nut free and gluten free.

Tel: 07880 733481
www.thelibertybakery.com

TWEEDSMUIR

23 Campbells Fudge Ltd

Hawkshaw Farm, Tweedsmuir,

Biggar ML12 6QS

An artisan company producing the highest quality award-winning Handmade Scottish Tablet, using the finest ingredients and traditional cooking to a 100-year old family recipe. Gluten free, with no artificial additives, flavours or preservatives. Water comes from the company's own natural spring, making a difference to the finished taste.

Tel: 01899 880320
www.campbellsfudge.co.uk

Follow us on  @Bordersfood
 Scottish Borders Food and Drink

www.bordersfoodnetwork.co.uk



The Community Food Fund

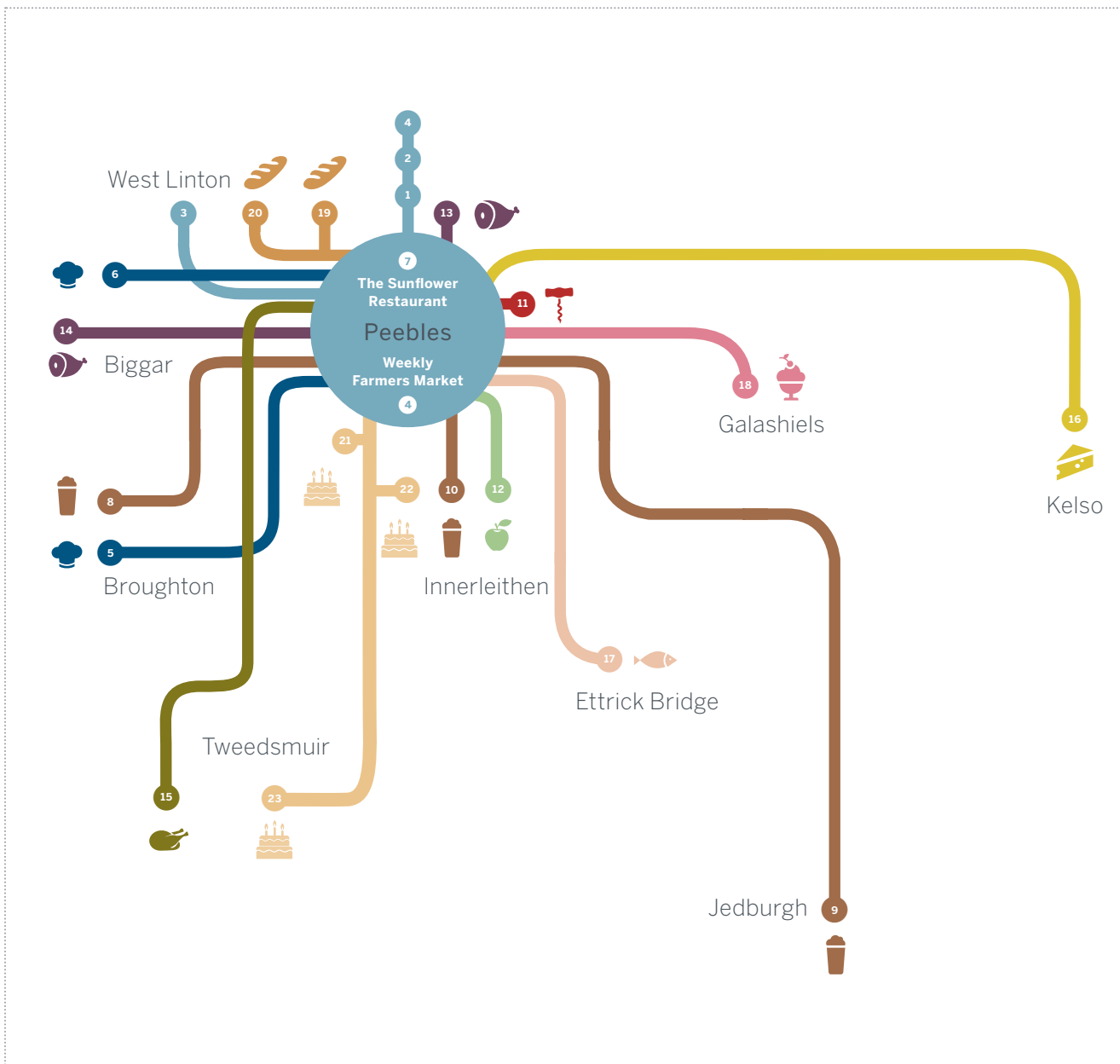
Western Borders

FOOD & DRINK TRAIL



Scottish Borders Food & Drink Network Trail

WESTERN BORDERS



The Scottish Borders offers an abundant larder and good places to eat. The lively town of Peebles has many specialist food and drink shops along its High Street and side roads. There are people like Val Brunton, Chef/Proprietor at *The Sunflower Restaurant*, with a passion for local foods, the

ingredients on her menus coming from over 20 trusted Borders suppliers. On Saturday mornings, you'll find freshly prepared treats at the *Farmers Market* outside the Eastgate Theatre. This map, signposts you to a selection of individual and artisan producers and highlights some of the excellent foods and drink available.

In and around Peebles

KAILZIE

1 Kailzie Gardens Restaurant
Kailzie, Peebles, EH45 9HT
 The restaurant at Kailzie Gardens offers a selection of exceptional food made on the premises, using local and organic ingredients as a matter of course. Set in converted 19th-century stables, the dining area has a relaxed old-world charm while the menu is contemporary and innovative.
Tel: 01721 720007
www.kailziegardens.com

PEEBLES

2 Coltman's Delicatessen & Kitchen
71 - 73 High Street, Peebles EH45 8AN
 Coltman's Delicatessen sources from the finest artisan producers and suppliers. Quality homemade and specially imported products are available, served to you by friendly and knowledgeable staff. Coltman's also offers a coffee shop, restaurant and Cook School for anyone wanting to learn more about food and have fun preparing it.
Tel: 01721 720405
www.coltmans.co.uk

LAMANCHA

3 Whitmuir, the Organic Place
Whitmuir Farm, Lamancha West Linton EH46 7BB
 One of Scotland's best-stocked organic farm shops with over 30 seasonal home-grown vegetables alongside herbs, fruit and farm-reared beef, pork, lamb, chicken and turkey. The café-restaurant offers a menu rich in farm-produced ingredients with an impressive range of daily specials.
Tel: 01968 661908
www.whitmuirtheorganicplace.co.uk

PEEBLES

4 Farmers Market
 Peebles CAN works with food producers and suppliers from across the Borders region to run a Farmers Market every Saturday from 9.00 am to 3.00 pm, outside The Eastgate Theatre at the eastern end of Peebles High Street. A great way to buy delicious fresh produce direct from the makers and learn more about ingredients and how things are grown and made.
Tel: 01721 721088
www.peeblescan.org

Cookery Skills Workshops

BROUGHTON

5 The Cook School
Broughtonknowe House, Broughton, Biggar ML12 6HL
 The Cook School offers a wide range of day cookery courses, with small class sizes. From its own vegetable garden and small orchard, fresh produce is used in season. The Cook School also rears goats, supplying fine quality meat to top restaurants. A catering service is available for private and corporate clients.
Tel: 01899 860 203
www.thecookschool.org

LAMANCHA

6 Bread Matters
Macbiehill Farmhouse, Lamancha West Linton EH46 7AZ
 Bread Matters teaches new 'hands-on' skills and helps you get to grips with making good bread - offering more confidence and a greater understanding of the processes at the heart of bread making. Bread Matters also runs an online shop, selling a selection of specialist baking equipment.
Tel: 01968 660449
www.breadmatters.com